

# *The Chocolate Therapist*™

There's nothing else like it...a completely unique presentation experience.

*"The only difference between guilt-free and guilt-ridden chocolate enjoyment is education."*

**Bring fun, health, humor and  
entertainment to your next event!**

Julie's high energy and enthusiasm inspires audiences as she shares the many unique elements of chocolate in each of her presentations. Whether you're learning about the health benefits of chocolate, discovering how to pair chocolate and wine or chocolate and tea, or exploring chocolates from around the world, your experience will be unlike any you've had before. The presentations are completely unique...the ultimate laugh and learn with information you can apply immediately.

In addition to owning her own chocolate shop and hosting events for years, Julie's extensive background in nutrition, health and psychology all combine for an intriguing experience of education and entertainment. Her latest book, "The Last Damn Diet: The Power of Food and How to Own It," expands her presentation offerings to groups more focused on nutrition.



**Julie Pech**

Founder of The Chocolate Therapist chocolate company.

Speaker and author of four books including:

- \*NEWEST: The Last Damn Diet: The Power of Food and How to Own It
- \*The Chocolate Therapist: A User's Guide to the Extraordinary Health Benefits of Chocolate
- \*Dare to Pair: The Ultimate Guide to Chocolate and Wine Pairing
- \*Chocolate Soiree: How to Throw the Ultimate Chocolate Party

Entertained hundreds of audiences including corporate events, luncheons, women's groups, men's groups, hospitals, fundraisers and more!

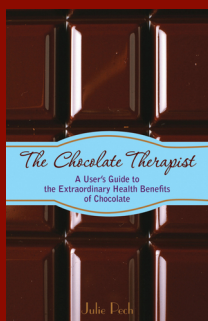
Appeared on numerous television and national radio shows.

Featured in dozens of magazines, newspapers, online magazines and blogs.

Guest speaker on international cruise lines, hosting chocolate classes.

For scheduling, please contact Julie at [Julie@TheChocolateTherapist.com](mailto:Julie@TheChocolateTherapist.com), 303-795-7913 or 303-489-7720.

## **The Chocolate Therapist: A User's Guide to the Extraordinary Health Benefits of Chocolate**



Wiley Publishing, 2010

- \*The only book to consolidate all of the latest health benefits of chocolate into a single resource
- \*Easy-to-read, entertaining format
- \*How to Pair Chocolate & Wine - 40 wines with 3 pairings each
- \*Where Do You Hide Your Chocolate - laugh-out-loud fun
- \*The Chocolate Bible of References
- \*Recipes, History of Chocolate, Weightloss section
- \*Much More!!

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