

# *The Chocolate Therapist*™

2560 W. Main St Littleton, CO 80120  
p. 303-795-7913 f. 303-795-0788  
www.TheChocolateTherapist.com

## **Introduction of Julie Pech**

Our speaker today believes that the only difference between guilt-ridden and guilt-free chocolate enjoyment is simply education!

Sales of luxury and gourmet chocolates are increasing as people embrace the news that chocolate is good for you, but how do you know what to eat, how much or which kinds are best?

Julie's book, *The Chocolate Therapist: A User's Guide to the Extraordinary Health Benefits of Chocolate* helps readers discover the answer to these questions and many others about chocolate.

Julie has made it her personal mission to change the chocolate-loving world as we know it, one convert at a time. She speaks up to 10 times a month to various groups about chocolate and health, teaches chocolate & wine and chocolate & tea pairing classes, hosts fund raisers and charity events and has even traveled internationally on cruise ships as a guest lecturer speaking about chocolate, of course.

Now on to sharing the love of chocolate – please help me welcome our speaker today, Julie Pech.