

Press Release

The Chocolate Therapist: 250 Words

The Chocolate Therapist: A User's Guide to the Extraordinary Health Benefits of Chocolate is one of the first books available to consolidate all the latest healthy facts about chocolate into a single, must-have resource for chocolate lovers.

Whatever your ailment, there's a chocolate selection somewhere that can solve your problem. The "prescription style" format recommends a particular chocolate bar for your health concern, followed by facts as to why it can help. The unique presentation makes page turning a no-brainer....you simply must know how to resolve your next ailment with chocolate.

The reason most people still consider chocolate a decadent snack is a simple lack of education. But after discovering how chocolate can help manage moods, jump start sexual desire and control sassy kids, there's no reason why we shouldn't eat chocolate as often as we should drink red wine, and that turns out to be once a day. In fact, you simply can't finish the book without a dark chocolate bar in hand.

Need to justify your passion for this once forbidden delicacy? Read this book! You'll discover that Americans eat 12 pounds of chocolate per year, consumers spend \$15 billion a year on chocolate, and you can eat it every day without gaining weight. But that's not all! You'll be loaded with chocolate statistics and history, the tasting skills of a distinguished chocolate connoisseur and enough information about the health benefits of chocolate to be the center of attention at any party.

On sale now at www.thechocolatetherapist.com, www.amazon.com, www.barnesandnoble.com

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